



AUSTRALASIAN PERSONAL CONSTRUCT PSYCHOLOGY SYMPOSIUM 2014

CREATING CHANGE

**27TH & 28TH
SEPTEMBER 2014**

**MARY MACKILLOP PLACE
80 WILLIAM STREET
NORTH SYDNEY**

www.marymackillopplace.org.au

Join practitioners and researchers as they discuss PCP's ability to create social, cultural and personal change. The conference will explore the dynamic strength of PCP and how it is applied in therapy and research.

Submissions have been received for papers addressing:

- Interactive therapies
- Working with children
- Innovative ways of structuring interviews
- Post Traumatic Stress
- Implications of recent developments in neuroscience

Call for abstracts still open, please send submissions to Dr Deborah Truneckova: dtruneck1@bigpond.com

Dr Carole Carter will also present an introductory PCP workshop on Friday 26th September as a precursor to the symposium. Refer to page two for details and costs.

COST: \$140 or \$70 per day
Includes morning tea, lunch and afternoon tea.

ACCOMMODATION: Accommodation is available at the venue. Please refer to attached rate card for prices and contact details.

REGISTRATIONS CLOSE 10TH AUGUST 2014

**EMAIL ATTACHED REGISTRATION FORM TO:
pcpsymposium2014@gmail.com**



A U S T R A L A S I A N P E R S O N A L C O N S T R U C T P S Y C H O L O G Y S Y M P O S I U M 2 0 1 4

GETTING DOWN TO IT: EXPLORING DEEP MEANINGS TO FACILITATE CHANGE IN THERAPY

ONE DAY WORKSHOP
26TH SEPTEMBER 2014

MARY MACKILLOP PLACE
80 WILLIAM STREET
NORTH SYDNEY

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This workshop is suitable for all therapists, from those with limited clinical experience to those with extensive experience in clinical practice.

For more information on workshop content, contact Carole:

carolecarter@bigpond.com

Cost: \$150
Includes morning tea, lunch
and afternoon tea.

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pcpsymposium2014@gmail.com

PRESENTER

Dr Carole Carter (BA, MA, PhD) has been working for over 30 years as a psychotherapist, clinical supervisor, trainer and consultant. Her clinical and teaching roles have included working in TAFE, NSW Health, Wollongong University, and private practice in Australia and overseas. Carole currently works in private practice as a therapist and supervisor, provides consultancy and conducts professional development programs.

She has developed and conducted workshops in a range of contexts and content areas, including the clinical applications of Personal Construct Psychology (PCP). She developed and conducted counsellor training and train-the-trainer programs overseas as an AusAID Consultant for over 10 years. She herself trained in a wide range of therapeutic approaches, and since discovering Personal Construct Psychology in 1994 this has informed her therapeutic practice, teaching and research.

Through her PhD research and clinical practice she has developed a PCP model identifying specific elements in therapy that can facilitate or impede change.

Carole is a registered Endorsed Counselling Psychologist, member of the Australian Psychological Society (APS) and the APS College of Counselling Psychologists, and is a member of the Australasian Personal Construct Interest Group.

WORKSHOP

This workshop introduces core ideas in Personal Construct Psychology. It presents a new model for working with movement and change in therapy by:

- Examining the processes that impede and facilitate change
- Working with deep meanings, particularly those that may be keeping clients 'stuck'
- Providing powerful tools and techniques to work with these processes and meanings

Wherever possible, learning will be experiential, and participants will be encouraged to apply their experiences to their own psychological processes and therapeutic practices.

BACKGROUND

Based on George Kelly's 1955 magnum opus, Personal Construct Psychology (PCP) is certainly not new. It is a comprehensive framework for understanding human functioning and the processes of personal change. PCP uses a collaborative approach that is both respectful and flexible.